# Restriction of Movement (ROM):

An overarching term that encompasses Shelter in Place, COVID Quarters, quarantine, and isolation.

### Shelter-in-Place (SIP):

A period in which an individual is in a ROM status at their home. The purpose of the SIP is to stabilize a situation where a COVID positive individual has been identified on base. SIP is intended to reduce movement on the base for all personnel. Only mission essential personnel will report to their duty location.

<u>Members are allowed</u>: Personnel will remain in their rooms to the max extent possible, but may leave for food and exercise, and for life, health and safety. Members will always don appropriate PPE and maintain social distancing at all times when outside of their quarters and refrain from any social gatherings.

<u>Release criteria/conditions</u>: Public Health and base leadership deem the threat to the force is contained and contact tracing has been completed.

# COVID Quarters (CoQ):

A temporary status that a member may be put in, if they have been identified as having a possible exposure to a hot spot or COVID-19 positive person. While in CoQ, members are not to leave their dorm or residence unless approved for outdoor time after a Day 1 negative COVID test and are notified by their leadership/Public Health IAW 8FW Order to Quarantine. CoQ does not have a specific duration. **Members are allowed:** Prior to notification, members should only leave their quarantine location for an emergency posing an immediate threat or concern for life and safety.

**<u>Release criteria/conditions</u>**: Public Health deems the quarantined individual as minimal risk of having or contracting the virus via testing, interviews, or any other means deemed medically necessary.

### Quarantine:

Members who have been exposed to COVID-19 but are still healthy will be placed in a mandatory 14-day quarantine. This is a period where members must restrict contact with any other person to prevent the spread of disease. Specific examples include:

a) the member returns from international travel;

b) the member is identified by 8 MDG as having been at a hot spot during a period of concern; or c) the member is identified as being a close contact of a COVID-19 positive individual.

While in Quarantine, members are not to leave their dorm/residence unless approved for outdoor time after a Day 1 negative COVID test and notified by their leadership/Public Health IAW 8FW Order to Quarantine.

**Members are allowed**: Prior to notification, members should only leave their quarantine location for an emergency posing an immediate threat or concern for life and safety. When the member is outside of their room, they will abide by the current published guidance IAW 8FW Order to Quarantine. Specifically, members will wear the appropriate PPE and will not be outside during predetermined "no-movement" hours.

**<u>Release criteria/conditions:</u>** Individuals may not exit quarantine until completion of a PCR test with confirmed negative results. If the negative test result is not received by the end of the 14th day, the member will remain in quarantine until the negative result is received.

### Isolation:

Used to separate those confirmed with COVID-19 from the rest of the population. Members will be closely monitored and cared for by Public Health professionals.

<u>Members are allowed</u>: Members must abide by the 51 MDG guidance when in isolation at Osan AB. <u>Release criteria/conditions</u>: Members will be released IAW 51 MDG directives.